**First Aid Box / Essential Items**

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| **S. No.** | **Medicine Items (Per First Aid Box)** | **Manufacture / Expiry Date** | **Uses** |
| 1. | Tab. Crocine (500 mg), Tab. Brufen (400 mg.), Tab. Combiflam – 20 each |  | Fever, Headache, Toothache, Joint Pains |
| 2. | Tab. Domstal 20 each |  | Nausea / Vomiting |
| 3. | Cap. Pudin Hara , Tab. Digene – 50 each |  | Antacid / Anti Gas |
| 4. | Cap. Imodium 4 x 5 = 20 |  | Diarrhoea |
| 5. | Tab.Avil 25 mg-30, Tab. Alerid (Cetrizine) (10 mg)-20, |  | Sneezing, Cold, Allergic Rash |
| 6. | Tab. Dulcolex - 20 |  | Constipation |
| 7. | Soframycin Skin Cream 20 gm, Merbromine Sol. 30 ml pack –1 piece each |  | Injury, Abrasions |
| 8. | Burnol, Soframycin Skin Cream –1 piece each |  | Burns |
| 9. | Lozenges –Tab.Strepsil / Tab. Vicks, Vicks Action 500 |  | Sore Throat with or without fever |
| 10. | Vicks Vaporub 3 small packs. |  | Pain in Chest due to Cold |
| 11. | Move Spray – 2 small packs |  | Muscular pain in Back and joints |

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| **S. No.** | **Surgical Items** | **Manufacture / Expiry Date** | **Quantity (Per First Aid Box)** |
| 1. | Thermometer Hicks (Celsius / Fahrenheit) |  | 2 |
| 2. | Cotton Roll (300 gms) |  | 1 |
| 3. | Bandages Assorted Sizes 5.5 cms. 7.5 cms, 10 cms, |  | 1 dozen |
| 4. | Surgipad – Surgical Sterile Gauze  In assorted sizes |  | 4 packs each |
| 5. | Savlon (Diluted) / Dettol |  | 1 (100 ml each) |
| 6. | Crepe Bandage Assorted sizes (7.5 cms / 10 cms) |  | 1 each |
| 7. | Band Aid (Wash Proof) Assorted |  | 2 dozen |
| 8. | Scissors (one end blunt / other end pointed) |  | 1 piece |
| 9. | Hot water Rubber Bag |  | 1 piece (can be kept at a single place) |
| 10. | Rubber Ice Pack (Circular) |  | 1 piece (can be kept at a single place) |
| 11. | Elastoplast / Micro pore Tape 7.5 cms |  | 1 piece |