

Veg Fried Rice

Pax :- 2

Sr.	Ingredients	Quantity
1	oil	2 tbsp
2	Garlic	1 tsp
3	Onion	2 tbsp
4	Ginger	1 tsp
5	Green chilli	1/2 no.
6	Corrot	2 tbsp
7	Cabbage	2 tbsp
8	Beans	2 tbsp
9	Red Capsicum	1 Tbsp
10	Yellow Capsicum	1 Tbsp
11	Green Capsicum	1 Tbsp
12	Rasmati Rice	2 cup boiled
13	Salt	To Taste
14	Black Pepper	a pinch
15	Soya Sauce	2 tbsp
16	Vinegar	1 tbsp
17	Spring Onions	Garnish

Method:-

- 1) Take a pan
- 2) Add 2 tbsp oil
- 3) Keep High flame
- 4) Add Garlic, onion, ginger, green chilli.
- 5) Sauté for 2 minutes
- 6) Add carrot, cabbage, beans.
- 7) Cook for 2 minutes.
- 8) Add red, yellow, green capsicum, peas
- 9) Sauté for 2 minutes
- 10) Add boiled rice.
- 11) Add salt, black pepper, Soya sauce, vinegar.
- 12) Mix well
- 13) Add a dash of water.
- 14) Mix well.
- 15) Add spring onions.
- 16) Serve hot.